

California State University East Bay
KPE – Taekwondo Program
25800 Carlos Bee Blvd.
Hayward, CA. 94542

Dear Partners in Taekwondo:

It is with pride that I invite you to participate in the Cal State East Bay Junior Invitational, to be held Saturday, November 5th, 2005 at California State University East Bay.

Our mission is to provide a competitor focused, positive environment to showcase the talents of young Taekwondo practitioners, both within the Greater Bay Area and beyond.

As a collegiate program we are committed to the belief that the spirit developed through Taekwondo training can carry youth to success in other areas of life. We also believe that tournaments serve a vital role as opportunities for students to measure their achievement and as forums for the exchange of knowledge.

Tournament features will include match numbering, matted rings, and electronic scoring. Two matches are guaranteed in divisions of three or more. A matted warm up area overlooking the competition area is available, in addition to a large “on-deck” space on the tournament floor. Spectators can expect convenient parking and seating, and a positive environment.

A new introduction to the tournament is a special award to be given to the school awarded the highest number of gold medals, gained through both forms and sparring. In the event of a tie, the school with highest ratio of gold medals to competitors will win.

We hope that competitors, families, coaches, and instructors leave our tournament with a positive experience. We welcome your feedback and hope our tournament becomes a yearly event for your Taekwondo school.

Thank you and hope to see you at the tournament.

Sincerely,

Edward Miranda
Head Instructor, 4th Dan
Cal State East Bay Taekwondo Program

Cal State East Bay Junior Invitational
Tournament Rules and Information
Saturday, November 5th, 2005 California State University East Bay, Main Gym
25800 Carlos Bee Blvd. Hayward, CA 94542
For more information please contact Edward Miranda at (510) 388-0387

ELIGIBILITY:

Competition is open to Taekwondo practitioners 17 years of age and under. All belt ranks are welcome to participate.

EVENTS:

Contests will be held in both Forms (Poomse) and Olympic style sparring (Kyororogi).

This is a modified double elimination tournament with consolation matches. All players are guaranteed two matches, win or lose, if there are three or more competitors in their division.

SCHEDULE OF EVENTS

8:00 to 9 a.m. Competitor check in and match card pick up
9 a.m. Announcements
9:05 a.m. Poomse begins
- Sparring to immediately follow completion of Poomse

HEAD CONTACT AND MATCH DURATION:

Sparring will follow interpretation of Olympic style (WTF) guidelines. Head contact rules are as follows:

All Colored Belts – No Head Contact
Black Belts 12 years and under – No Head Contact
Black Belts 13 – 17 years – Full Head Contact

Match Duration:

	12 and under	13 – 17
Color Belt	2 rounds, 2 min.	2 rounds, 2 min.
Black Belt	2 rounds, 2 min.	3 rounds, 2 min.

UNIFORM AND EQUIPMENT GUIDELINES:

Competitors must adhere to Olympic style uniform and sparring gear requirements. This includes a white v-neck uniform (dobok), chest protector (hogu), forearm pads, shin pads, white commercially bought or soft taped insteps, protective cup, mouthpiece, white or matching red/blue headgear.

DIVISIONS:

Forms and Sparring divisions will be created at the discretion of tournament directors. There will be a “Black Belt Koryo” and a “Black Belt Keumgang and above” Forms division. We will do our best to divide students from the same Taekwondo school.

SPECTATOR FEES AND PARKING INFORMATION:

Spectator fees will be \$7 for Adults and \$5 for Students and children over five years old. Admission is free for children 5 years of age and under. CSU East Bay students can also enter free of charge with student ID.

On-campus parking is free on the weekends. Convenient parking can be found inside Lot A, directly across from the entrance to the PE Building – Main Gym.

**Cal State East Bay Junior Invitational
Official Entry Form**

**Saturday, November 5th, 2005 California State University East Bay, Main Gym
25800 Carlos Bee Blvd. Hayward, CA 94542**

For more information please contact Edward Miranda at (510) 388-0387
Entry forms must be received by Wednesday, November 2, 2005

COMPETITOR INFORMATION (PLEASE PRINT CLEARLY)

Last Name _____ First Name _____

Address _____

City _____ Zip Code/State _____ E-mail _____

Daytime Phone # _____ Evening Phone # _____

CLUB INFORMATION

Taekwondo Club _____ Instructor _____

Phone # _____ Club/School Email _____

EVENT SELECTION

If competing in both Forms and Sparring please check both:

Forms (Poomse) _____ Olympic Style Sparring (Kyorooji) _____

Male or Female _____ Age _____ Weight _____ Height _____

Please check your Belt Rank. Black Belts please also list your Dan rank:

White _____ Yellow _____ Green _____ Blue _____ Red _____ Black _____ Dan (Black Only) _____

Forms and Sparring divisions will be created at the discretion of tournament directors. Competitors must adhere to Olympic style uniform and gear requirements (white v-neck uniform, chest protector, forearm pads, shin pads, white commercial or soft taped insteps, protective cup, mouthpiece, white or matching red/blue headgear). There will be a "Black Belt Koryo" and a "Black Belt Keumgang and above" Forms division. We will do our best to divide students from the same TKD school.

ENTRY FEES

Entry fees are \$40 for one or both events, payable by cashiers check, money order, or school check.

Please make checks payable to: **Hayward State Taekwondo Club**

Spectator admission will be \$7 for Adults and \$5 for Students and children over five years old. Admission is free for children 5 years of age and under.

Entry fees are non-refundable. Entry on the day of the tournament is \$100.

SCHEDULE OF EVENTS

8:00 to 9 a.m. Competitor check in and match card pick up
9 a.m. Announcements
9:05 a.m. Poomse begins
- Sparring to immediately follow completion of Poomse

APPLICATION REQUIREMENTS

1. Complete all items of this entry form and sign the accompanying **liability waiver**.

2. Enclose a check for entry fees payable to **Hayward State Taekwondo Club**.

3. Entry forms must be received by **Wednesday, November 2nd, 2005**.

4. Mail completed registration forms to: KPE DEPT Edward Miranda
CSU East Bay – Physical Education Department
25800 Carlos Bee Blvd. Hayward, CA. 94542

Cal State East Bay Junior Invitational
Liability Waiver, Release, and Indemnification Agreement
Saturday, November 5th, 2005 California State University East Bay, Main Gym

In consideration for the privilege of participating in the Cal State East Bay Junior Invitational Tournament on November 5th, 2005 and in further consideration of being accepted to compete, I do hereby acknowledge that because of my participating in, traveling to, and returning from CSU East Bay, I may suffer bodily injury or death, and loss of property, and I do hereby for myself, for my heirs, parents, guardians, executors, administrators, personal representatives and assigns, I do hereby release, acquit, waive, forever discharge, hold harmless and agree to indemnify the sponsors of the Cal State East Bay Junior Invitational and any other persons or organizations connected with the same of and from any and all liability, claims, demands, costs, damages, actions, causes of action, or suits of any nature or kind whatsoever that I, my heirs, parents, guardians, executors, administrators, personal representatives and assigns may now or hereafter have or claim to have on account of or rising out of personal injuries, death, or damage to my person or property or loss of time, loss of service, or for expenses incurred, accruing to me because of or in any way related to my training for, my traveling to, my participating in, and my returning from CSU East Bay or through the use of any and all facilities connected therewith.

Further, I hereby grant permission in the case of injury to have an athletic trainer and/or doctor residing in the United States provide me with medical assistance and/or treatment. In consideration for such medical assistance or treatment, I do hereby for myself, my heirs, parents, guardians, executors, administrators, personal representatives and assigns, release, acquit, waive, forever discharge The California State University, East Bay, the trainer and/or the doctor, their agents, representatives, officers and directors, of and from any and all liability, actions, claims, demands or suits whatsoever, which I may now or hereafter have or claim to have on account of any injury sustained and suffered by me in connection with said medical assistance and treatment.

I certify that a physician has examined me and certified that I am in good physical condition and have no disease or injury that would impair my performance or physical condition in training for and competing in the Cal State East Bay Junior Invitational Tournament.

I also certify that I am familiar with the rules and sport of Taekwondo and the nature of a Taekwondo contest. I am aware that there is a high risk of injury or possibly death from the very nature of the sport due to physical contact and I assume all risk relating to the participation in the sport of Taekwondo and the Cal State East Bay Junior Invitational Tournament.

I agree that it is compulsory and mandatory that this liability waiver, release and indemnification agreement be fully completed as a precedent to this official entry form being accepted, and the completed liability waiver, release and indemnification agreement is incorporated by reference as a part of this official entry form.

Important: Fill out this portion completely

Signature of Contestant _____ Dated _____

Signature of Parent or Guardian _____ Dated _____
(if under 18 years of age)

Address _____ Phone _____

City _____ Zip _____